

MEN'S SIZE CHART

to fit body measurements

regular

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
chest	34	36	38 - 40	42 - 44	46	48 - 50	52	54 - 56	58 - 60
waist	24	26 - 28	30 - 32	34 - 36	38 - 40	42 - 44	46 - 48	50 - 52	54 - 56

*unit of measure in inches

The sizing chart reference body measurements in inches.

Chest

Under the arms and across the shoulder blades with a firm and level tape.

Hip

When standing, measure around the widest part of the hip.

Sleeve length

Relax arm, and measure from the centre of the back of the neck, over the shoulder and down to the outer wrist.

Waist

Measure around your natural waistline, while in your underwear. Keep one finger between the tape and your body for an accurate fit.

Inseam

Select a pair of your best-fitting pants of a similar material. Measure from the crotch to the bottom. The number of inches, to the nearest half-inch, is the inseam length.

