

# MEN'S SIZE CHART

to fit body measurements

regular

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
chest	30 - 32	34 - 36	38 - 40	42 - 44	46 - 48	50 - 52	54 - 56	57 - 59	60 - 62
waist	26 - 28	30 - 32	34 - 36	38 - 40	42 - 44	46 - 48	50 - 52	53 - 54	55 - 56
sleeve length	31.5	32.5	33.5	34.5	35.5	36.5	37.5	40	41

\*unit of measure in inches

The sizing chart reference body measurements in inches.

## Chest

Under the arms and across the shoulder blades with a firm and level tape.

## Hip

When standing, measure around the widest part of the hip.

## Sleeve length

Relax arm, and measure from the centre of the back of the neck, over the shoulder and down to the outer wrist.

## Waist

Measure around your natural waistline, while in your underwear. Keep one finger between the tape and your body for an accurate fit.

## Inseam

Select a pair of your best-fitting pants of a similar material. Measure from the crotch to the bottom. The number of inches, to the nearest half-inch, is the inseam length.

